

Client file – contact charting

“Contact entry in Hassan’s file” – (partial)

Client name: Hassan Abdi

Date: August 31, 201X

Date of charting: August 31, 201X

Date of contact: August 30, 201X – 95 minute appointment at coffee shop close to Hassan’s home.

Second appointment with Hassan, new case management client. Hassan reports preferring to meet in community settings or at office of case manager; he reports embarrassment that family and friends may know that he is seeking services related to mental health. Continued assessment of Hassan’s living situation and functioning, and health and lifestyle assessment. Hassan is hesitant to discuss mental illness diagnosis. Hassan reports not having seen a dentist for more than 3 years; and that he is experiencing a toothache. Initial goal is to connect him with a dentist and schedule an appointment. Continued discussion about his vocational goal to become an auto mechanic. Discussion about the value of Hassan considering obtaining GED as an intermediate step. Discussion of Hassan pursuing application for SSI. Provided him with contact information about where and how to apply. Hassan agreed to go to follow up appointment with his psychiatrist. He continues to express concerns that he is treated as having a mental illness and that he must take medications. We agreed that case manager will accompany him to the appointment. Goal is to increase Hassan’s understanding of why the psychiatrist thinks that Hassan’s needs to be taking medications, and how long the doctor believes that Hassan will have to follow his recommendations (Hassan’s goal). Next contact is to accompany Hassan to his appointment with his psychiatrist on September 14 at 9am; pickup Hassan at 8:30.

Rob Jones
Senior Case Manger